







































































































































































































































































































































































































































































































































































































































































































































































































































































- Fink, L.D. 2013, "Creating significant learning experiences: *An integrated approach to designing college courses*", John Wiley & Sons.
- Finn, D. 2011, "Principles of adult learning: An ESL context", *Journal of Adult Education*, vol. 40, no. 1, pp. 34.
- Fraser, M.W. & Galinsky, M.J. 2010, "Steps in intervention research: Designing and developing social programs", *Research on Social Work Practice*.
- Fraser, M.W., Richman, J.M., Galinsky, M.J. & Day, and S.H. 2009, *Intervention research: Developing social programs*. Oxford University Press.
- Freyder, P. & O'Toole, T. 2000, "Principle 2: The relationship between partners is characterized by mutual trust, respect, genuineness and commitment", *Partnership Perspectives*, vol. 2, pp. 192-5.
- Gabzdyl, E.M. 2010, "Contraceptive care of adolescents: overview, tips, strategies, and implications for school nurses", *The Journal of School Nursing*, vol. 26, no. 4, pp. 267-277.
- Gage, A.J. 1998, "Sexual activity and contraceptive use: the components of the decision making process", *Studies in Family Planning*, pp. 154-166.
- Gaiser, T.J. & Schreiner, A.E. 2009, "A guide to conducting online research", Sage Publications.
- Ganyaza-Twalo, T. 2010, *Guidelines for the development of an HIV/AIDS workplace support programme for teachers*,
- Garcia, F. & Gracia, E. 2009, "Is always authoritative the optimum parenting style? Evidence from Spanish families", *Adolescence*, vol. 44, no. 173, pp. 101.
- Gerrard, M., Gibbons, F.X., Houlihan, A.E., Stock, M.L. & Pomery, E.A. 2008, "A dual-process approach to health risk decision making: The prototype willingness model", *Developmental Review*, vol. 28, no. 1, pp. 29-61.
- Ghirardini, B. 2011, "E-learning methodologies: a guide for designing and developing e-learning courses", *Food and Agriculture Organization*.
- Glasier, A., Gülmezoglu, A.M., Schmid, G.P., Moreno, C.G. & Van Look, P.F. 2006, "Sexual and reproductive health: a matter of life and death", *The Lancet*, vol. 368, no. 9547, pp. 1595-1607.
- Gordon, C.P. 1996, "Adolescent decision making: A broadly based theory and its application to the prevention of early pregnancy", *Adolescence*, vol. 31, no. 123, pp. 561.
- Goto, A., Rudd, R. E., Lai, A.Y., & Yoshida, K. 2014, "Health literacy training for public health nurses in Fukushima: A case study of program adaptation, implementation and evaluation", *JMAJ*, vol. 57, no. 3, pp. 144-153.
- Graber, J.A., Brooks-Gunn, J. & Galen, B.R. 1998, "Betwixt and between: Sexuality in the context of adolescent transitions",

Grace, L.G., Starck, M., Potenza, J., Kenney, P.A. & Sheetz, A.H. 2012, "Commercial sexual exploitation of children and the school nurse", *Journal of School Nursing*, vol. 28, no. 6, pp. 410-417.

Gray, D.E. 2013, "Doing research in the real world", Sage.

Gray, N., Azzopardi, P., Kennedy, E., Willersdorf, E. & Creati, M. 2013, "Improving adolescent reproductive health in Asia and the Pacific: do we have the data? A review of DHS and MICS surveys in nine countries", *Asia-Pacific Journal of Public Health / Asia-Pacific Academic Consortium for Public Health*, vol. 25, no. 2, pp. 134-144.

Greenlee, B.J. & Karanxha, Z. 2010, "A study of group dynamics in educational leadership cohort and non-cohort groups", *Journal of Research on Leadership Education*, vol. 5, no. 11, pp. 357-382.

Gregg, A.L. & Wozar, J.A. 2003, "Delivering Internet health resources to an underserved health care profession: school nurses", *Journal of the Medical Library Association: JMLA*, vol. 91, no. 4, pp. 398-403.

Griffin, M.A., Neal, A. & Parker, S.K. 2007, "A new model of work role performance: Positive behavior in uncertain and interdependent contexts", *Academy of Management Journal*, vol. 50, no. 2, pp. 327-347.

Griffin, M.T.Q. & Landers, M.G. 2014, "Extant Nursing Models and Theories: Grand and Middle Range Theories in Nursing", *Making Nursing Knowledge Development Explicit*, pp. 15.

Griffin, M.R. & Keen, C.M. 2013, "Experiential learning in the workplace" *Current Applications and New Developments*,

Gross, M. & Yip, A.K. 2010, "Living spirituality and sexuality: A comparison of lesbian, gay and bisexual Christians in France and Britain", *Social Compass*, vol. 57, no. 1, pp. 40-59.

Grove, S.K., Gray, J.R. & Burns, N. 2014, *Understanding Nursing Research: Building an Evidence-Based Practice*, Elsevier Health Sciences

Gunn, V. & House, S. 2007, "Approaches to small group learning and teaching", Glasgow, *University of Glasgow Learning and Teaching Centre*,

Gwet, K.L. 2008, "Computing inter-rater reliability and its variance in the presence of high agreement", *British Journal of Mathematical and Statistical Psychology*, vol. 61, no. 1, pp. 29-48.

Halpern-Felsher, B. 2009, "Adolescent Decision Making: An Overview.", *Prevention Researcher*, vol. 16, no. 2, pp. 3-7.

Hammersley, M. 1995, "The politics of social research", Sage.

Hayter, M., Owen, J. & Cooke, J. 2012, "Developing and establishing school-based sexual health services: issues for school nursing practice", *The Journal of School Nursing*, vol. 28, no. 6, pp. 433-441.

- Healey, M. & Jenkins, A. 2000, "Kolb's experiential learning theory and its application in geography in higher education", *Journal of Geography*, vol. 99, no. 5, pp. 185-195.
- Hendry, L. & Kloep, M. 2012, *Adolescence and adulthood: Transitions and transformations*, Palgrave Macmillan.
- Hennink, M., Hutter, I. & Bailey, A. 2010, *Qualitative research methods*, Sage.
- Hines, M. 2006, "Prenatal testosterone and gender related behaviour", *European Journal of Endocrinology*, no. 155, pp. 115-121.
- Hobson, R.J., Scott, J. & Sutton, J. 2010, "Pharmacists and nurses as independent prescribers: exploring the patient's perspective", *Family Practice*, vol. 27, no. 1, pp. 110-120.
- Hoepfl, M.C. 1997, "Choosing qualitative research: A primer for technology education researchers",
- Hoghugh, M. 2004, "Parenting: an introduction", *Handbook of parenting: Theory and research for practice*, pp. 1-18.
- Holland, J. & Adkins, L. 1996, *Sex, sensibility, and the gendered body*, St. Martin's Press.
- Holland, R. 2012, "Designing and implementing training programmes-MDS-3". In A. V Arlington, ed., *Management Sciences for Health*, p. 1036
- Hootman, J. 2006, "School nursing staff management". In J. Selekman, ed., *A comprehensive text*, Philadelphia, P A: F A Davies Company
- Hootman, J., Houck, G.M. & King, M.C. 2002, "A program to educate school nurses about mental health interventions", *The Journal of School Nursing*, vol. 18, no. 4, pp. 191-195.
- Houghton, C. 2003, "A mentoring program for new school nurses", *The Journal of School Nursing*, vol. 19, no. 1, pp. 24-29.
- Huitt, W. 2011, "Analysing paradigm used in education and schooling", *Educational Psychology Interactive*, Valdosta State University.
- Hulton, L.J. 2001, "Adolescent Sexual Decision-Making: An Integrative Review", *Worldviews on Evidence-based Nursing. Online Journal of Knowledge Synthesis for Nursing*, vol. 8, no. 1, pp. 48-60.
- Hunt, D.P. 2003, "The concept of knowledge and how to measure it", *Journal of Intellectual Capital*, vol. 4, no. 1, pp. 100-113.
- Ibeagha, P.N. 2012, "Adolescent: Nigeria", In J.J Arnett, ed., *Adolescent psychology around the world. Sussex. Psychology Press*. pp. 61-71.
- Ifenkwe, G. 2013, "Educational development in Nigeria: Challenges and prospects in the 21st century", *Universal Journal of Education and General Studies*, vol. 2, no. 1, pp. 007-014.
- Imaledo, J.A., Peter-Kio, O.B. & Asuquo, E.O. 2013, "Pattern of risky sexual behavior and associated factors among undergraduate students of the University of Port Harcourt, Rivers State, Nigeria", *Pan African Medical Journal*, vol. 12, no. 1.



- Imaledo, J.A., Peter-Kio, O.B. & Asuquo, E.O. 2013, "Pattern of risky sexual behavior and associated factors among undergraduate students of the University of Port Harcourt, Rivers State, Nigeria", *Pan African Medical Journal*, vol. 12, no. 1.
- Inglis, T. & MacKeogh, C. 2012, "The double bind: Women, honour and sexuality in contemporary Ireland", *Media, Culture & Society*, vol. 34, no. 1, pp. 68-82.
- International Conference on Population Development. 1994, "Programme of action" *ICPD*.
- Jaffe, M.L. 1998, "*Adolescence*". New York: John Wiley & Sons, Inc.
- James, G. 2012, "Education and sexuality: towards addressing adolescents' reproductive health needs in Nigeria", *Current Research Journal of Social Sciences*, vol. 4, no. 4, pp. 285-293.
- Jayasekara, R.S. 2012, "Focus groups in nursing research: methodological perspectives", *Nursing outlook*, vol. 60, no. 6, pp. 411-416.
- Johnson, A.P. 2002, *A short guidance to action research* Allyn-Bacon Pub.
- Johnson, S.B., Blum, R.W & Giedd, J.N. 2009, "Adolescent maturity and the brain: the promise and pitfalls of neuroscience research in adolescent health policy", *Journal of Adolescent Health*, vol. 45, no. 3, pp. 216-221.
- Johnston, J.H. 2009, "The preparation of child health nurses in sexual health education: An exploratory study", *Nurse Education Today*, vol. 29, no. 8, pp. 845-849.
- Jost, M. 2000, "Guidance",
- Kenefick, H.W., Ravid, S., MacVarish, K., Tsoi, J., Weill, K., Faye, E. & Fidler, A. 2014, "On your time: online training for the public health workforce", *Health Promotion Practice*, vol. 15, no. 1 Suppl, pp. 48S-55S.
- Khatri, R., Schildbach, E., Schmitz, K., Silwal, P. & Van Teijlingen, E. 2013, "National Adolescent Sexual and Reproductive Health Programme: Mid-Term Evaluation Report",
- Kieft, R.A., de Brouwer, B.B., Francke, A.L. & Delnoij, D.M. 2014, "How nurses and their work environment affect patient experiences of the quality of care: a qualitative study", *BMC Health Services Research*, vol. 14, pp. 249-6963-14-249.
- Kim, E.J., Pai, A.J., Kang, N., Kim, W.K., Kim, Y.S., Moon, H. & Ha, A.W. 2012, "The effects of food safety education on adolescents' hand hygiene behavior: an analysis of stages of change", *Nutrition Research and Practice*, vol. 6, no. 2, pp. 169-174.
- Kitzinger, C. 1996, "Speaking of oppression: Psychology, politics, and the language of power", *Preventing heterosexism and homophobia*, pp. 3-19.
- Koch, L.C., Niesz, T. & McCarthy, H. 2013, "Understanding and reporting qualitative research: An analytical review and recommendations for submitting authors", *Rehabilitation Counseling Bulletin*, pp. 0034355213502549.
- Köhrsen, J. 2012, "How religious is the public sphere? A critical stance on the debate about public religion and post-secularity", *Acta Sociologica*, vol. 55, no. 3, pp. 273-288.

Kolb, A. & Kolb, D. 2008, "Experiential learning theory: A dynamic, holistic approach to management, learning, education and development". *Department of Organizational Behavior*, Case Western Reserve University.

Kroger, J. 2004, *Identity in adolescence: The balance between self and other*, Psychology Press.

Kukuru, J.D. 2012, "Encouraging Representation and Involvement of Learners on Discussion Method's Features toward Ensuring Effective Teaching", *Prime Research on Education*, vol. 2, no. 2, pp. 180-190.

Lambo, E. *National Strategic Framework on the Health and Development of Adolescents and Young People in Nigeria, 2007-2011*,

Landa, J.M.A. & López-Zafra, E. 2010, "The impact of emotional intelligence on nursing: An overview", *Psychology*, vol. 1, no. 1, pp. 50-58.

Larson, K., Clark, A., Colborn, B., Perez, A., Engelke, M.K. & Hill, P. 2011, "A School-Based Health Center-University Nursing Partnership: How We Filled in the GAPS", *The Journal of School Nursing*, vol. 27, no. 6, pp. 404-410.

Laumann, E.O., Michael, R.T. & Michaels, S. 2000, *The Social Organization of Sexuality: Sexual Practices in the United States*, University of Chicago Press.

Lenz, B. 2001, "The transition from adolescence to young adulthood: a theoretical perspective", *The Journal of School Nursing*, vol. 17, no. 6, pp. 300-306.

Lewis-Beck, M., Bryman, A.E. & Liao, T.F. 2003, *The Sage Encyclopaedia of Social Science research methods*, Sage Publications

Lim, S.W., Chhabra, R., Rosen, A., Racine, A.D. & Alderman, E.M. 2012, "Adolescents' views on barriers to health care: a pilot study", *Journal of Primary Care & Community Health*, vol. 3, no. 2, pp. 99-103.

Lippa, R.A. 2005, *Gender, nature, and nurture*, Routledge.

Litwin, M.S. 1995, *How to measure survey reliability and validity*, Sage Publications.

LoBiondo-Wood, G. & Haber, J. 2010, "Reliability and validity": Methods and critical appraisal for evidence-based practice" *Nursing Research* pp. 285-308.

Loh, J. 2013, "Inquiry into issues of trustworthiness and quality in narrative studies: A perspective", *The Qualitative Report*, vol. 18, no. 33, pp. 1.

Londt, M.P. 2004, *Management of domestic violence: risk-based assessment and intervention guidelines with perpetrators of intimate violence*,

Luszczoski, K.D. & Rue, L.A. 2012, "The OPTIONS model of sexual risk assessment for adolescents", *Health Promotion Practice*, vol. 13, no. 2, pp. 230-237.

Mabuza-Mokoko, E. & Malekgota, A. 2005, "Towards developing a policy framework on risky behavior among commercial sex workers: an intervention research study",

McCarthy-Ribbens, J. & Edwards, R. 2011, "Key concepts in family studies",

- Magalnick, H & Mazyck, D. 2008, "Role of the school nurses in providing school health services" *Pediatrics*, vol 121, no. 5, pp. 1052-1056.
- Main, K. 2011, "Program design: A literature review of best practices". University Way of Calgary and Area. pp. 1-17
- Mansur, R., Abubakar, I., Mansur, O., Aminu, K. & Balarabe, I. 2015, "Using peer led health education intervention to improve in-school adolescents' cigarette smoking related knowledge, attitude and behaviour in a North West Nigeria State", .
- Mason-Jones, A.J., Crisp, C., Momberg, M., Koech, J., De Koker, P. & Mathews, C. 2012, "A systematic review of the role of school-based healthcare in adolescent sexual, reproductive, and mental health", *Systematic Reviews*, vol. 1, no. 1, pp. 1.
- Mathers, N., Fox, N., & Hunn, A. 1998, "Using interviews in a research project", *Treat Focus Group*, pp. 1-34.
- Matthew, I.A. 2013, "Provision of secondary education in Nigeria: Challenges and way forward", *Journal of African Studies and Development*, vol. 5, no. 1, pp. 1-9.
- Maxwell, J.A. 2012, *Qualitative research design: An interactive approach: An interactive approach*, Sage.
- McCall, D. 2004, "School-based and school-linked sexual health education and promotion in Canada", *J Obstet Gynaecol Can*, vol. 26, no. 6, pp. 596-605.
- McCloughen, A. & O'Brien, L. 2005, "Development of a mentorship programme for new graduate nurses in mental health", *International Journal of Mental Health Nursing*, vol. 14, no. 4, pp. 276-284.
- Mejia Arauz, R., Sheets, R., Villasenor, M. 2012, "Adolescence: Mexico". In J Arnett, ed. *Adolescent psychology around the world*. Suzzex. Psychology Press. pp. 195-210.
- Merriam, S., Caffarella, R. & Baumgartner, L. 2007, "Self-directed learning", *Learning in adulthood: a comprehensive guide. 3rd ed.* San Francisco, CA: Jossey-Bass,
- Merriam, S.B. & Tisdell, E.J. 2015, *Qualitative research: A guide to design and implementation*, John Wiley & Sons.
- Mertens, D.M. 2014, "Integrating diversity with quantitative, qualitative, and mixed methods", *Research and Evaluation in Education and Psychology*, Sage Publications.
- Mertz, N. & Anfara, V. 2006, "Conclusion: coming full circle", *Theoretical Frameworks in Qualitative Research*, pp. 189-196.
- Metcalfe, T. 2004, "Sexual health: meeting adolescents' needs", *Nursing standard*, vol. 18, no. 46, pp. 40-43.
- Mills, A.J., Durepos, G. & Weibe, E. 2009, "Encyclopedia of case study research", Sage Publications.
- Millward, L. 2012, "Focus groups" In Glynis M. Breakwell, Jonathan A. & Daniel B. Bright eds. *Research Methods in Psychology*, 4<sup>th</sup> edition, pp. 426.

- Missouri Comprehensive Guidance and Counselling Program. 2014, "Professional school counsellor: Small group counselling guide". Missouri: *MCGCP*
- Misulis, K. 1997, "Content analysis: A useful tool for instructional planning", *Contemporary Education*, vol. 69, no. 1, pp. 45.
- Moja, T. 2000, "Nigeria education sector analysis: An analytical synthesis of performance and main issues", *World Bank Report*.
- Morgan, D.L. 1996, "Focus groups as qualitative research", Sage publications.
- Morhason-Bello, I., Oladokun, A., Enakpene, C., Fabamwo, A., Obisesan, K. & Ojengbede, O. 2009, "Sexual behaviour of in-school adolescents in Ibadan, South-West Nigeria", *African Journal of Reproductive Health*, vol. 12, no. 2, pp. 89-97.
- Morrow, S.L. 2006, "Honor and respect: Feminist collaborative research with sexually abused women", *Qualitative research methods for psychologists: Introduction through empirical studies*, pp. 143-172.
- Moshman, D. 2011, *Adolescent rationality and development: Cognition, morality, and identity*, Taylor & Francis.
- Moya, C. 2002, "Life skills approaches to improving youth sexual and reproductive health."
- Mullen, E.J. 2013, "Design of social intervention", *Intervention research: Design and development for human service*, pp. 163-194.
- Mwamwenda, T. S. 2004, *Educational psychology: An African perspective*. Johannesburg: Heinmann Publishers (Pty) Ltd.
- National Association of School Nurses. 2011, "Role of the school nurse: A position statement", *National Association of School Nurses*, Silver Spring.
- National Association of School Nurses. 2012, "Sexual health education about human sexuality: A position statement", *National Association of School Nurses*, Silver Spring.
- National Center for Health Statistics (US) 2011, "Healthy people 2010" *Final review*, Government Printing Office.
- National Millenium Development Goals. 2004, "Nigeria's Profile", Available at [http://www.undg.org/arch\\_docs/5430](http://www.undg.org/arch_docs/5430). [Accessed 6 November, 2013].
- Nazzaro, A. & Strazzabosco, J. 2009, "Group dynamics and team building", *Development*, no. 4.
- Nies, M.A. & McEwen, M. 2014, *Community/public health nursing: Promoting the health of populations*, Elsevier Health Sciences.
- Nigeria National Petroleum Corporation. 2010, "Nigeria profile". Available at: <http://www.nnpcgroup.com>. [Accessed 14 Jan. 2014]
- Nigeria Population Commission. 2006, "National Census", *Nigeria Population Commission*, Abuja.

- Norman K. Denzin & Yvonna S. Lincoln 2005, *The Sage handbook of qualitative research*, Sage.
- Nurish, A. 2010, "Women's Same-sex Relations in Indonesian Pesantren", *Gender, Technology and Development*, vol. 14, no. 2, pp. 267-277.
- Ogunfowokan, A.A. & Babatunde, O.A. 2009, "Management of primary dysmenorrhea by school adolescents in Ile-Ife, Nigeria", *The Journal of school nursing*, vol. 26, no. 2, pp. 131-136.
- Ogunfowokan, A.A. 2010, "Opinions of part-time baccalaureate nursing students in school nursing practice in Nigeria", *Nigerian Journal of Nursing*, vol.1, no. 4, pp. 30-39.
- Oh, H. & Solomon, P. 2014, "Role-playing as a Tool for Hiring, Training, and Supervising Peer Providers", *The Journal of Behavioural Health Services & Research*, vol. 41, no. 2, pp. 216-229.
- Oh, W.O. 2005, "School nurses' knowledge, educational needs and providing education about internet addiction", *Korean Journal of Child Health Nursing*, vol. 11, no. 4, pp. 405-414.
- Okonkwo, P., Fatusi, A. & Ilika, A. 2005, "Perception of peers' behaviour regarding sexual health decision making among female undergraduates in Anambra State, Nigeria", *African Health Sciences*, vol. 5, no. 2, pp. 107-113.
- Oladipupo-Okorie, B. & Viatonu, O. 2014, "Influence of Family Characteristics and Cultural norms on Pre-marital sex among secondary school students in Ojo Local Government Area of Lagos State, Nigeria", *European Scientific Journal*, vol. 10, no. 5.
- Olaore, A.Y. 2010, "Developing a practice guideline for a collaborative approach between the university and families of students involved with substance abuse at Babcock University Nigeria"
- Olayiwola, O.O. 2013, "Technical efficiency of soya bean production in Ijebu Ode local government area of Ogun State, Nigeria", *International Monthly Referred Journal in Management and Technology*, vol. 11, pg. 8.
- Onyeka, I.N., Miettola, J., Ilika, A.L. & Vaskilampi, T. 2011, "Unintended pregnancy and termination of studies among students in Anambra state, Nigeria: Are secondary schools playing their part?" *African Journal of Reproductive Health*, vol. 15, no. 2.
- Opong, S.H. 2013, "The problem of sampling in qualitative research", *Asian Journal of Management Sciences and Education*, vol. 2, no. 2, pp. 202-210.
- Ortner, S.B., & Whitehead, H. 2005 "Accounting for sexual meaning" In S.B Ortner, ed., *Sexual meanings: The cultural construction of gender and sexuality*, CUP Archive. pp. 1-28
- Paine, S.C., Bellamy, G.T. & Wilcox, B. 1984, *Human services that work: From innovation to standard practice*, PH Brookes Pub. Co.
- Panda, A. & Sehgal, A. 2009, "Impact of Information, Education and Communication on Adolescent Reproductive Health A Sociological Study of Mandi District, Himachal Pradesh", *Journal of Health Management*, vol. 11, no. 3, pp. 445-472.



- Parasuraman, S.R. & Shi, L. 2015, "Differences in Access to Care Among Students Using School-Based Health Centers", *The Journal of School Nursing*, vol. 31, no. 4, pp. 291-299.
- Park, M. & Jones, C.B. 2010, "A retention strategy for newly graduated nurses: an integrative review of orientation programs", *Journal for Nurses in Staff Development*, vol. 26, no. 4, pp. 142-149.
- Pepper, A.D. 1984, *Managing the training and development function*. Gower Publishing Company, Limited.
- Pfister-Minogue, K.A. & Salvesson, C. 2010, "Training and experience of public health nurses in using behavior change counseling", *Public Health Nursing*, vol. 27, no. 6, pp. 544-551.
- Pillard, R.C. & Bailey, J.M. 1998, "Human sexual orientation has a heritable component", *Human Biology*, pp. 347-365.
- Pilgrim, N.A. & Blum, R.A. 2012, "Protective and risk factors associated with adolescent and reproductive health in the English-speaking Caribbean: A literature review", *Adolescent Health*, vol. 50, no. 1, pp. 5-23.
- Plummer, M. & Molzahn, A.E. 2009, "Quality of life in contemporary nursing theory: a concept analysis", *Nursing Science Quarterly*, vol. 22, no. 2, pp. 134-140.
- Population Reference Bureau. 2012, "World population data sheet" *Population Reference Bureau*
- Ponterotto, J.G. 2002, "Qualitative Research Methods The Fifth Force in Psychology", *The Counselling Psychologist*, vol. 30, no. 3, pp. 394-406.
- Ramarumo, M. & Mudhovozi, P. 2012, "Discovery of, and response to husbands' HIV positive status: The groaning voices of Vhavenda women", *African Journal for Physical, Health Education, Recreation & Dance*.
- Reuterswård, M. & Lagerström, M. 2010, "The aspects school health nurses find important for successful health promotion", *Scandinavian Journal of Caring Sciences*, vol. 24, no. 1, pp. 156-163.
- Reyna, V.F. & Farley, F. 2006, "Risk and Rationality in Adolescent Decision Making: Implications for Theory, Practice, and Public Policy", *Psychological science in the public interest : a journal of the American Psychological Society*, vol. 7, no. 1, pp. 1-44.
- Richards, K.A.R. 2015, "Role socialization theory: The socio-political realities of teaching physical education", *European Physical Education Review*, vol. 21, no. 3, pp. 379-393.
- Rivers, S.E., Reyna, V.F. & Mills, B. 2008, "Risk taking under the influence: A fuzzy-trace theory of emotion in adolescence", *Developmental Review*, vol. 28, no. 1, pp. 107-144.
- Rivkin-Fish, M., Adams, V. & Pigg, S.L. 2005, *Sex in development: science, sexuality, and morality in global perspective*, Duke University Press.
- Røislien, H.E. 2013, "Religion and Military Conscription: The Case of the Israel Defence Forces (IDF)", *Armed Forces & Society*, vol. 39, no. 2, pp. 213-232.

- Rolfe, G. 2006, "Validity, trustworthiness and rigour: quality and the idea of qualitative research", *Journal of Advanced Nursing*, vol. 53, no. 3, pp. 304-310.
- Ros, M.Z. & Lizenberg, N. 2006, "Sequencing of contents and learning objects-part II", *RED: Revista de Educación a Distancia*, no. 14, pp. 2.
- Ross, K., Barr, J. & Stevens, J. 2013, "Mandatory continuing professional development requirements: what does this mean for Australian nurses", *BMC nursing*, vol. 12, no. 1, pp. 1.
- Rossmann, G.B. & Rallis, S.F. 2003, "*Learning in the field: An introduction to qualitative research*," Sage.
- Rothman, J. 1980, *Social R & D; research and development in the human services*, Prentice Hall.
- Rothman, J. & Thomas, E.J. 2013, "An integrative perspective on intervention research", *Intervention research: Design and development for human service*. pp. 4-20.
- Roudi-Fahimi, F. & Ashford, L. 2008, "Sexual and reproductive health in the Middle East and North Africa: A guide for reporters."
- Roulston, K.J. 2008, "Probes and probing". In Lisa M Given, ed., *The SAGE Encyclopaedia of qualitative research methods*. DOI: <http://dx.doi.org/10.4135/9781412963909>. n 340.
- Rowe, A.K., de Savigny, D., Lanata, C.F. & Victora, C.G. 2005, "How can we achieve and maintain high-quality performance of health workers in low-resource settings?" *The Lancet*, vol. 366, no. 9490, pp. 1026-1035.
- Royal College of Nursing. 2004, "Research ethics: RCN guidance for nurses" London. *Royal College of Nursing*
- Royal College of Nursing. 2014, "An RCN toolkit for school nurses: developing your practice to support children and young people in educational setting" London. *Royal College of Nursing*
- Rush, K.L., Adamack, M., Gordon, J., Lilly, M. & Janke, R. 2013, "Best practices of formal new graduate nurse transition programs: An integrative review", *International Journal of Nursing Studies*, vol. 50, no. 3, pp. 345-356.
- Russell, C. 2005, "An overview of the integrative research review", *Progress in Transplantation*, vol. 15, no. 1, pp. 8-13.
- Saewyc, E., Roy, J. & Foster, S. 2014, "An evaluation of North Shore Public Health Nurses' child and youth-linked practice" *Public Health Nursing*, vol. 31
- Safman, R.M. & Sobal, J. 2004, "Qualitative sample extensiveness in health education research", *Health Education & Behavior*, vol. 31, no. 1, pp. 9-21.
- Saito, J., Keosada, N., Tomokawa, S., Akiyama, T., Kaewviset, S., Nonaka, D., Waikugul, J., Kobayashi, J., Souvanvixay, M. & Jimba, M. 2015, "Factors influencing the National School Health Policy implementation in Lao PDR: a multi-level case study", *Health Promotion International*, vol. 30, no. 4, pp. 843-854.
- Salkind, N.J. 2010, *Encyclopedia of research design*, Sage.

- Sanchez, N.F., Sanchez, J.P. & Danoff, A. 2009, "Health care utilization, barriers to care, and hormone usage among male-to-female transgender persons in New York City", *American Journal of Public Health*, vol. 99, no. 4, pp. 713-719.
- Sandelowski, M. 1993, "Rigor or rigor mortis: the problem of rigor in qualitative research revisited", *Advances in Nursing Science*, vol. 16, no. 2, pp. 1-8.
- Santrock, J. 2010, "W. Adolescence, Thirteenth Edition",
- Saumure, K. & Given, L.M. 2008, "Data saturation", *The Sage encyclopedia of qualitative methods*, vol. 1, pp. 195-196.
- Sawyer, S.M., Afifi, R.A., Bearinger, L.H., Blakemore, S., Dick, B., Ezeh, A.C. & Patton, G.C. 2012, "Adolescence: a foundation for future health", *The Lancet*, vol. 379, no. 9826, pp. 1630-1640.
- Schilling, R.F. 1997, "Developing intervention research programs in social work", *Social Work Research*, vol. 21, no. 3, pp. 173-180.
- Scotland, J. 2012, "Exploring the philosophical underpinnings of research: Relating ontology and epistemology to the methodology and methods of scientific, interpretive, and critical research paradigms. *English Language Teaching*, vol. 5, no. 9, pp. 9-16
- Schwandt, T.A. 2001, "Dictionary of qualitative inquiry".
- Sebuliba, D. & Vostanis, P. 2001, "Child and adolescent mental health training for primary care staff", *Clinical Child Psychology and Psychiatry*, vol. 6, no. 2, pp. 191-204.
- Sefertzi, E. 2000, *Creativity*. Retrieved June 14, 2013,
- Seidman, S. & Norton, W. 2003, *The social construction of sexuality*: New York.
- Shenton, A.K. 2004, "Strategies for ensuring trustworthiness in qualitative research projects", *Education for Information*, vol. 22, no. 2, pp. 63-75.
- Short, S. 2006, "Focus group interviews", *A Handbook for Social Science Field Research: Essays and Bibliographic Sources on Research Design, Methodology, and Fieldwork*, pp. 103-116.
- Shrivastava, K. 2003, "Principles of guidance and counselling",
- Shucksmith, J., Hendry, L.B. & Glendinning, A. 1995, "Models of parenting: Implications for adolescent well-being within different types of family contexts", *Journal of Adolescence*, vol. 18, no. 3, pp. 253-270.
- Shuey, D.A., Babishangire, B.B., Omiat, S. & Bagarukayo, H. 1999, "Increased sexual abstinence among in-school adolescents as a result of school health education in Soroti district, Uganda", *Health Education Research*, vol. 14, no. 3, pp. 411-419.
- Shum, C., Humphreys, A., Wheeler, D., Cochrane, M.A., Skoda, S. & Clement, S. 2000, "Nurse management of patients with minor illnesses in general practice: Multicentre, randomised controlled trial", *BMJ (Clinical research ed.)*, vol. 320, no. 7241, pp. 1038-1043.



- Shung-King, M. 2013, "From 'stepchild of primary healthcare' to priority programme: Lessons for the implementation of the National Integrated School Health Policy in South Africa", *SAMJ: South African Medical Journal*, vol. 103, no. 12, pp. 895-898.
- Sidani, S. & Braden, C.J. 2011, *Design, evaluation and translations of nursing interventions*. Oxford: Wiley-Blackwell. pg. 12.
- Sieber, J.E. 2009, "Planning ethically responsible research", *The Sage handbook of applied social research methods*, pp. 106-142.
- Sieloff, C.L. & Messmer, P.R. 2013, "Conceptual system and middle-range theory of goal attainment", *Nursing Theorists and Their Work*, pp. 258.
- Sigelman, C. & Rider, E. 2006, "Human growth and development across the lifespan",
- Smith, J.A., Flowers, P. & Larkin, M. 2009, "Interpretative Phenomenological Analysis: Theory", *Method and Research*. London: Sage,
- Smith, M.K. & Stepanov, N. 2014, "School-based youth health nurses and adolescent decision-making concerning reproductive and sexual health advice: How can the law guide healthcare practitioners in this context?" *Contemporary Nurse*, vol. 47, no. 1-2, pp. 42-50.
- Smith, A.C. 2011, "Role ambiguity and role conflict in nurse case managers: an integrative review", *Professional Case Management*, vol. 16, no. 4, pp. 182-96; quiz 197-8.
- Smith, S.G. & Firmin, M.W. 2009, "School nurse perspectives of challenges and how they perceive success in their professional nursing roles", *The Journal of School Nursing*, vol. 25, no. 2, pp. 152-162.
- Society for Adolescent Health and Medicine. 2014, "Sexual and reproductive health care: A position paper", *Journal of Adolescent Health*. No. 54
- Steele, R.G., Wu, Y.P., Jensen, C.D., Pankey, S., Davis, A.M. & Aylward, B.S. 2011, "School nurses' perceived barriers to discussing weight with children and their families: A qualitative approach", *Journal of School Health*, vol. 81, no. 3, pp. 128-137.
- Steinberg, L. 2007, "Risk taking in adolescence new perspectives from brain and behavioral science", *Current Directions in Psychological Science*, vol. 16, no. 2, pp. 55-59.
- Strydom, H., Steyn, M. & Strydom, C. 2007, "An adapted intervention research model: Suggestions for research and practice", *Social Work*, vol. 43, no. 4, pp. 329.
- Tamale, S. 2011, "Researching and theorising sexualities in Africa", *African sexualities: A reader*, pp. 11-36.
- Tannenbaum, S.I. & Yukl, G. 1992, "Training and development in work organizations", *Annual Review of Psychology*, vol. 43, no. 1, pp. 399-441.
- Thakor, H.G. & Kumar, P. 2000, "Impact assessment of school-based sex education program amongst adolescents", *The Indian Journal of Pediatrics*, vol. 67, no. 8, pp. 551-558.
- Thorne, S. 2000, "Data analysis in qualitative research", *Evidence Based Nursing*, vol. 3, no. 3, pp. 68-70.

- Thorpe, R. & Holt, R. 2007, *The Sage dictionary of qualitative management research*, Sage.
- Thronson, G. 2006, "School nurse study: Report on health services in Washington State class districts, assessing school nursing services". *Washington State Department*, pp. 1-93
- Tonkin, R.S. & Frappier, J.Y. 2003, "Adolescent health-a developing international discipline", *Paediatrics & Child Health*, vol. 8, no. 2, pp. 72-73.
- Toseland, R.W. & Rivas, R.F. 2005, *An Introduction to Group Work Practice*, Boston, MA: Allyn and Bacon.
- Tschombe, T.M.S., & Lo-oh, J. 2012, "Adolescent: Cameroon", In J.J Arnett, ed., *Adolescent psychology around the world*. Sussex. Psychology Press. pp. 3-13.
- Turner III, D.W. 2010, "Qualitative interview design: A practical guide for novice investigators", *The Qualitative Report*, vol. 15, no. 3, pp. 754.
- Turner, R.H. 2001, "Role theory". *Handbook of sociological theory*, Springer, pp. 233-254.
- United Nations Children Fund. 2002, "Adolescence: A time that matters". UNICEF
- United Nations Children Fund. 2011, "State of the world children; adolescents: An age of opportunity". New York: *United Nations Children Fund*
- United Nations Educational, Scientific and Cultural Organisation. 2011, "Motivating for skills development: A guide to being successful facilitator", A campaign Package: *UNESCO*
- United Nations Population Fund. 2000, "Annual report", *UNFPA*.
- United Nations Population Fund. 2009, "Adolescent sexual and reproductive health: Toolkit for humanitarian setting", *UNFPA*.
- Van Teijlingen, E. & Hundley, V. 2002, "The importance of pilot studies", *Nursing Standard*, vol. 16, no. 40, pp. 33-36.
- Visagie, S. & Schneider, M. 2014, "Implementation of the principles of primary health care in a rural area of South Africa", *African Journal of Phealth care & Family Medicine*, vol. 6, no. 1, pp. 1-10.
- Vogt, W.P. 2007, *Quantitative research methods for professionals*, Boston, MA: Pearson/Allyn and Bacon, Boston, MA.
- Vought-O'Sullivan, V., Meehan, N.K., Havice, P.A. & Pruitt, R.H. 2006, "Continuing education: A national imperative for school nursing practice", *The Journal of School Nursing*, vol. 22, no. 1, pp. 2-8.
- Wall, J.E. & Solutions, S. 2014, "Program evaluation model 9-step process", *Sage Solutions*. <http://region11s4.lacoe.edu/attachments/article/34>, vol. 287, no. 29, pp. 209.
- Wamoyi, J., Mshana, G., Mongi, A., Neke, N., Kapiga, S. & Chagalucha, J. 2014, "A review of interventions addressing structural drivers of adolescents' sexual and reproductive health vulnerability in sub-Saharan Africa: implications for sexual health programming", *Reproductive Health*, vol. 11, pp. 88-4755-11-88.

- Wang, Y. & Ruhe, G. 2007, "The cognitive process of decision making",
- Warenius, L.U., Faxelid, E.A., Chishimba, P.N., Musandu, J.O., Ong'any, A.A. & Nissen, E.B. 2006, "Nurse-midwives' attitudes towards adolescent sexual and reproductive health needs in Kenya and Zambia", *Reproductive Health Matters*, vol. 14, no. 27, pp. 119-128.
- Warria, A. 2014, "Development of psychosocial intervention guidelines for transnational trafficked children".
- Westwood, J. & Mullan, B. 2006, "Knowledge of school nurses in the UK regarding sexual health education", *The Journal of School Nursing*, vol. 22, no. 6, pp. 352-357.
- Whitehead, T.L. 2005, "Basic classical ethnographic research methods", *Cultural Ecology of Health Change*,
- Whitford, M. 1991, "Irigaray's body symbolic", *Hypatia*, vol. 6, no. 3, pp. 97-110.
- Whitmarsh, J. 1997, "School nurses' skills in sexual health education", *Nursing Standard*, vol. 11, no. 27, pp. 35-41.
- Whittemore, R. & Knafl, K. 2005, "The integrative review: updated methodology", *Journal of Advanced Nursing*, vol. 52, no. 5, pp. 546-553.
- Williams, R.H. & Josephson, T.J. 2013, "North American sociology of religion: Critique and prospects", *Critical Research on Religion*, vol. 1, no. 1, pp. 62-71.
- William, C.L., & Stein, A. 2001, "*Sexuality and gender*". New York: Wiley-Blackwell.
- Winkelstein, M.L., Quartey, R., Pham, L., Lewis-Boyer, L., Lewis, C., Hill, K. & Butz, A. 2006, "Asthma education for rural school nurses: Resources, barriers, and outcomes", *The Journal of School Nursing*, vol. 22, no. 3, pp. 170-177.
- Wolff, J.M. & Crockett, L.J. 2011, "The role of deliberative decision making, parenting, and friends in adolescent risk behaviors", *Journal of Youth and Adolescence*, vol. 40, no. 12, pp. 1607-1622.
- Wong, A. & Premkumar, K. 2007, "An introduction to mentoring principles, processes, and strategies for facilitating mentoring relationships at a distance", *Online: <http://www.usask.ca/qmcte/drupal>*.
- World Health Organization. 2003, "Adolescent reproductive rights", *World Health Organization*
- World Health Organization. 2003, "The World Health Organization's Information Series on School Health", *World Health Organization*
- World Health Organization. 2006, "Improving health worker performance: In search of promising practices", *Department of Human Resources for Health, World Health Organization*
- World Health Organization. 2009, "Milestones in health promotion", *Statement from Global Conference*. Geneva.
- World Health Organization. 2012, "Health education: Theoretical concepts, effective strategies and core competencies", *World Health Organisation*

- World Health Organization. 2014, "Adolescent development", *World Health Organization*
- Yang, J., Liu, Y., Huang, C. & Zhu, L. 2013, "Impact of empowerment on professional practice environments and organizational commitment among nurses: A structural equation approach", *International Journal of Nursing Practice*, vol. 19, no. S1, pp. 44-55.
- Yilmaz, K. 2013, "Comparison of Quantitative and Qualitative Research Traditions: epistemological, theoretical, and methodological differences", *European Journal of Education*, vol. 48, no. 2, pp. 311-325.
- Young, P.D. 2010, "Taking Account of Religion in Canada: The Debates over Gay and Lesbian Marriage", *Studies in Religion/Sciences Religieuses*, vol. 39, no. 3, pp. 333-361.
- Zhang, S.L., Deyoe, N. & Matveyeva, S.J. 2007, "From scratch: developing an effective mentoring program".
- Zuo, X., Lou, C., Gao, E., Cheng, Y., Niu, H. & Zabin, L.S. 2012, "Gender differences in adolescent premarital sexual permissiveness in three Asian cities: effects of gender-role attitudes", *Journal of Adolescent Health*, vol. 50, no. 3, pp. S18-S25.



## APPENDICES

### Appendix 1



#### OFFICE OF THE DEAN DEPARTMENT OF RESEARCH DEVELOPMENT

15 June 2015

#### To Whom It May Concern

I hereby certify that the Senate Research Committee of the University of the Western Cape approved the methodology and ethics of the following research project by:  
Mr OA Ogunyewo (School of Nursing)

Research Project: Development of an intervention programme for school health nurses on guiding adolescents in decision making on reproductive health in Ijebu Ode Local Government of Nigeria.

Registration no: 15/4/31

Any amendments, extension or other modifications to the protocol must be submitted to the Ethics Committee for approval.

The Committee must be informed of any serious adverse event and/or termination of the study.

*Ms Patricia Josias  
Research Ethics Committee Officer  
University of the Western Cape*

Private Bag X17, Bellville 7535, South Africa  
T: +27 21 959 2988/2948 . F: +27 21 959 3170  
E: pjosias@uwc.ac.za  
www.uwc.ac.za

A place of quality,  
a place to grow, from hope  
to action through knowledge

## Appendix 2

TELEGRAMS COMMEDUCAT  
PRIVATE MAIL BAG No. 2060

Telephone.....

# MINISTRY OF EDUCATION, SCIENCE & TECHNOLOGY

## DEPARTMENT OF EDUCATION SUPPORT SERVICES

ABEOKUTA, OGUN STATE, NIGERIA

3<sup>rd</sup> June, 2015

Date:.....

Your Ref: No.....  
All communications should be addressed  
to the Commissioner quoting:

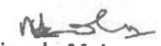
Our Ref: No  
ESS:I/367/192:.....

Mr. Ogunyewo Oluwatoyin Abayomi  
Faculty of Community and Health Science,  
University of Western Cape,  
South Africa.

### REQUEST FOR PERMISSION TO COLLECT DATA IN SCHOOLS.

Your letter dated 30<sup>th</sup> January, 2015 on the above subject refers please.

2. I am directed to convey to you the approval of the Permanent Secretary Ministry of Education, Science and Technology concerning your request to collect data in some selected schools in Ijebu-Ode Local Government Area of the State.
3. This approval is granted on the following conditions:
  - i. The project will not have any financial implication on the students and the schools;
  - ii. The project will not disturb academic activities in the schools
  - iii. The Zonal Education Officer, Ijebu-Ode Local Government will be informed before embarking on the project in schools;
  - iv. The research work will be used for the purpose it is intended for i.e making of decision on Reproductive Health in the State.
4. Principals are kindly enjoined to render all necessary assistance to the researcher.
5. Thank you.

  
Akinsolu M. I  
For: Permanent Secretary  
Ministry of Education,  
Science and Technology



**MINISTRY OF HEALTH  
ABEOKUTA, OGUN STATE, NIGERIA**



**DEPARTMENT OF PUBLIC HEALTH**

*Your ref: AS/154/Vol.11/178/32....  
All communication should be addressed  
To the permanent secretary quoting:  
Our ref: No.*

*Date: June 5<sup>th</sup>, 2015*

**APPROVAL TO COLLECT DATA ON SCHOOL HEALTH  
PROGRAMME IN OGUN STATE**



UNIVERSITY of the  
WESTERN CAPE

Dear Mr. Ogunyewo

I wish to inform you that you have been granted approval to interview selected school health Nurses on school health programme in Ijebu Ode LGA Ogun State Nigeria.

The concerned officers have been informed accordingly

Wishing you success in your research work.

Many thanks.

*Aminu S. O.* 5/6/15

**Aminu S. O.**  
Coordinator SHP  
For: Director Public Health

## Appendix 4



# UNIVERSITY OF THE WESTERN CAPE

Private Bag X 17, Bellville 7535, South Africa

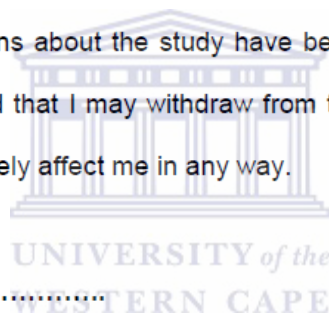
Tel: +27 21-959, Fax: 27 21-959

**E-mail:**

### CONSENT FORM

**Title of Research Project:** Development of an intervention programme for school health nurses on guiding adolescents in decision making about reproductive health in Ijebu Ode Local Government Area of Nigeria.

The study has been described to me in language that I understand and I freely and voluntarily agree to participate. My questions about the study have been answered. I understand that my identity will not be disclosed and that I may withdraw from the study without giving a reason at any time and this will not negatively affect me in any way.



**Participant's name**.....

**Participant's signature**.....

**Witness:** Ogunyewo, Oluwatoyin Abayomi

**Date:**

Should you have any questions regarding this study or wish to report any problems you have experienced related to the study, please contact the study coordinator:

**Study Coordinator's Name:**

University of the Western Cape

Private Bag X17, Belville 7535

Telephone: (021)959-

Cell: +27 (0) 220 232 06



## Appendix 5

### DEPARTMENT OF PHYSIOTHERAPY

Private Bag X17, Bellville, 7535  
South Africa

Tel : 0848564343

Email : 3302415@myuwc.ac.za

30th of August, 2015.

To whom it may concern:

This letter serve as a confirmation that I was requested by Mr Ogunyewo Toyin to act as co-coder and that i co-coded data collected in the study " Development of an intervention

Programme for school health nurses on guiding adolescents in decision making on reproductive health in Ijebu Ode Local Government area, Nigeria".

Yours Sincerely

Ms Arowoija Ayorinde (PHD Candidate)

Tel: 0848564343

A.I.



UNIVERSITY of the  
WESTERN CAPE

A place of quality, a place to grow, from hope to action through knowledge

**MINISTRY OF HEALTH  
ABEOKUTA, OGUN STATE, NIGERIA**



**DEPARTMENT OF PUBLIC HEALTH**

Your ref: A.S/154/Vol.11/178/33.....  
All communication should be addressed  
To the permanent secretary quoting:  
Our ref: No.

Date: JAN 6TH 2016

PERMISSION TO CONDUCT PILOT TEST FOR SCHOOL HEALTH  
NURSES ON GUIDING ADOLESCENT IN DECISION MAKING IN  
REPRODUCE HEALTH; ABEOKUTA NORTH L.G.A, OGUN STATE

UNIVERSITY of the  
WESTERN CAPE

Dear Mr Ogunyewo,

I wish to inform you that you have been granted permission to conduct a pilot test for school health nurses in Abeokuta north local government on guiding adolescent in decision making in reproductive health.

The concerned officers have been informed accordingly.

Wishing you success in your research work.

Many thanks.

Aminu S. O.

Aminu S. O.  
Coordinator SHP  
For: Director Public Health

## Appendix 7

### Lesley Watson Cushman

(MA Applied Linguistics, University of Durham)

Academic Editing

---

13 Fourth Avenue

Fairways

Cape Town

7800

+27 21 705 1025

lesleywatsoncushman@yahoo.com

5 August 2016

TO WHOM IT MAY CONCERN

This statement serves to confirm that I edited the doctoral thesis of Oluwatoyin A Ogunyewo (Student number: 3315068), submitted for the degree of Doctor Philosophiae in the School of Nursing, University of the Western Cape.

Title of Thesis

THE DEVELOPMENT OF AN INTERVENTION PROGRAMME FOR SCHOOL HEALTH NURSES, ON GUIDING ADOLESCENTS IN THEIR DECISION-MAKING ABOUT REPRODUCTIVE HEALTH IN IJEBU ODE LOCAL GOVERNMENT AREA OF NIGERIA

Editing and further comment were completed between 26 July and 4 August 2016.

Yours faithfully

Mrs L Cushman

