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**UNIVERSITY OF THE WESTERN CAPE**  
**School of Public Health**

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**INFORMATION SHEET**

Thank you for allowing me to interview you. Below is an explanation of the purpose and process of this study:

**1. Information about the interviewer**

I am Lydia Shilongo, a student studying at the University of the Western Cape. As part of requirements for my Master's degree, I am collecting information from young people related to what they know, think and do with respect to having more than one regular sexual partner at the same time. I would like you to answer some questions, which will take about 20 minutes of your time.

**2. What is the study about?**

HIV is a problem in our country and in our region. Having more than one regular sexual partner at a time increases the risk for HIV infection. This study will investigate what people know, believe and practice with respect to having more than one sexual partner at the same time.

### **3. Who are the participants?**

The participants are students at the Rundu College of Education who are enrolled as full time students for the 2009 academic year. Only students who agree will take part in the study.

### **4. What will I be asked to do if I agree to participate?**

The researcher will give you a questionnaire to fill which will ask about what you know about having more than one regular partner at the same time and the risk of HIV infection thereof. You will also be asked about what you believe and do with regard to your sexual behavior.

### **5. Would my participation in this study be kept confidential?**

We will keep your personal information confidential at all times. All the information collected will be locked away and your name will not be included in the surveys and other collected data. Respondents may use pseudonyms or invented names which will be used. Your identity will not be revealed in the report of this study. The information will be destroyed after completion of the study and no individual information will be released in the report.

### **6. What are the risks of this research?**

There are no known risks associated with participating in this research project.

### **7. What are the benefits of this research?**

This research is not designed to help you personally, but it will help the researcher learn more about what people know, believe and do with sexual behaviour. This will assist the government and nongovernmental organizations in designing appropriate strategies to prevent further spread of HIV infection. We hope that, in the future, other people might benefit from this study through improved prevention programs aiming at reducing HIV infection.

**8. Do I have to be in this research and may I stop participating at any time?**

The study is completely voluntary. You may withdraw from the study at any time, without having to give a reason or may refuse to answer a question should you so wish. Your decision to take part or not to take part will not in any way affect you negatively.

**9. Is any assistance available if I am negatively affected by participating in this study?**

Yes, if you require assistance, you will be referred to a counselor or a clinician for assistance.

**10. What if I have questions?**

This research is being conducted by Lydia Shilongo a student at the School of Public Health at the University of the Western Cape. If you have any questions about the research study itself, please contact Mrs. Lydia Shilongo at: IntraHealth International, Rundu, Tel 066 255277.

Should you have any questions regarding this study and your rights as a research participant or if you wish to report any problems you have experienced related to the study, please contact:

Dr Brian van Wyk at Tel: 0027219592173 cell 0027 828049055 or write to:

Head of Department

Dean of the Faculty of Community and Health Sciences:

University of the Western Cape

Private Bag X17

Bellville 7535



Appendix 2

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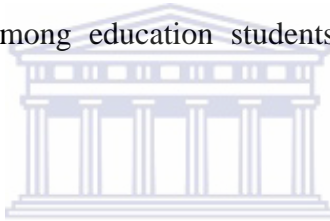
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**INFORMED CONSENT FORM**

**Title of Research Project:** Knowledge on sexual risk behavior, and beliefs and practices about concurrent partnering among education students at a tertiary college in rural Namibia



I freely and voluntarily agree to participate. My questions about the study have been answered. I understand that my identity will not be disclosed and that I may withdraw from the study without giving a reason at any time and this will not negatively affect me in any way.

Participant's name.....

Participant's signature.....

Interviewer's signature.....

Date.....

Place:.....

**APPENDIX 3**

INDIVIDUAL QUESTIONNAIRE: KNOWLEDGE, BELIEF AND PRACTICE OF  
CONCURRENT MULTIPLE PARTNERING

INSTITUTION: Rundu College of Education (RCE)

Date: ...../...../.....

Questionnaire number: \_\_\_\_\_

**Instructions:**            **This questionnaire consist of 4 sections**  
**Please answer all the questions**

**Section A: Demographic information**

**1. Sex (tick):**

1.1 Male.....

1.2 Female.....



**2. Year of study**

2.1 1<sup>st</sup> year.....

2.2 2<sup>nd</sup> year.....

2.3 3<sup>rd</sup> year .....

**3. Date of birth:**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| D | D | M | M | Y | Y | Y | Y |
|   |   |   |   |   |   |   |   |

4. **Religion:** (*tick only one*)

4.1 Roman Catholic

4.2 Anglican

4.3 Lutheran

4.4 Methodist

4.5 Full Gospel

4.6 None

4.7 Other .....specify



**5. Marital status:**

5.1 Single, not dating at the moment 5.2 Single, dating at the moment

5.2 Single in a relationship at the moment

5.3 Married traditionally

5.4 Married legally

5.5 Divorced

5.6 Widowed



**6. Dominant language you speak most often:** tick only one

6.1 Rukavango

6.2 Oshiwambo

6.3 Otjiherero

6.4 Silozi

6.5 Damara>Nama

6.6 Setswana

6.7 Other .....specify



**Section B: Knowledge questions**

Below are 2 questions on having partners. Remember there is no right or wrong answers.

All the answers are valuable to us.

**7 Please indicate whether you think the statements below are true or false**

7.1 Having more than one partner at the same time spreads HIV to many people at a time.  True  False

7.2 Having more than one partner at the same time makes it easy for people to catch

HIV

True

False

8 If you were to have sex with these people without a condom, how would you rank the risk of getting HIV infection?

| No risk |   | Some risk | High risk |
|---------|---|-----------|-----------|
| 8.1     | A prostitute  |           |           |
| 8.2     | A casual partner  |           |           |
| 8.3     | A wife or husband   |           |           |
| 8.4     | Two or more <b>regular</b> partners that you have a relationship with <b>at the same time</b> |           |           |

### Section C: Practice questions

I know that some of these questions are sensitive but your input is valuable and the information will remain anonymous and confidential.

9. Have you been in a sexual relationship for the past 12 months?

Yes

No

10. How many sexual partners did you have in the past 12 months? **Tick only one**

10.1 No sexual partner for the rest of 12 months

10.2 One sexual partner for the rest of 12 months.

10.3 More than one sexual partner but at different times.

10.4 More than one sexual partner at the same time.

**11. Please answer the following about partner/partners.**

*Tick only one*

11.1 I've never had a partner in my life

11.2 I think my most recent/current partner has no other partner

11.3 I suspect my most recent/current partner has another partner

11.4 I know my most recent/current partner has another partner

**Section D: Believe questions**



**12. Indicate whether you think the following sentences are true or false:**

12.1 A woman should have only one partner at a time

True

False

12.2 A woman can have more than one partner at a time

True

False

12.3 A woman who has more than one partner at a time is promiscuous

True

False

12.4 A man should have only one partner at a time  True  False

12.5 When a man has more than one partner at one time is a sign of manhood  True  False

12.6 Man having more than one partner at a time is an African culture and should continue  True  False



The logo of the University of the Western Cape, featuring a classical building with columns and the text "UNIVERSITY of the WESTERN CAPE" below it.

12.7 A man who has more than one partner is promiscuous  True  False